**Sheffield RA General Meeting 15th April 2019**

The chairman opened the meeting at 19.38

This evening’s guest speaker Lucy Oliver has cancelled, the meeting now will be taken by our president Simon Hall who will present a training session.

**Future events/training**

The Middewood summer tournament will be running from 29th April - £15 match fee

The LJS tournament will run 22nd June (6 referees req) and 29th/30th June (4 referees req) – please see RL for further detail.

The eve of the final rally is the 17th May, there is still places left should you wish to attend.

6th/7th July is the National Conference, please see Paul Holmes if you wish to attend this event.

The referee mascot has been confirmed for Sunday 5th May – SWFC V QPR. There will be a meeting with SUFC in the summer to confirm if the club is happy to take part in the scheme next season.

The first meeting of next season will be the law changes for 2019/2020.

RL handed over to our president Simon Hall

**Goal Setting S.M.A.R.T Objectives**

The RA is here to help you to get to the best you can be.

SH discussed with the members the difference between dreams and reality and time frames.

Case Study (Howard Webb) SH presented a slide and discussed a case study from 2010 world cup final referee.

**Criteria When Goal Setting**

SH asked our referees where they would like to be in 3 months, 5 years and long term. It was mentioned that Academy games appointment by the CFA is hindering the development of the promotion candidates due to the appointments being for mini football rather than games that go towards referees’ promotion – SH stated this is something that is being looked at.

**Goal Setting Examples**

SH discussed with members Fitness, losing weight, achieving the next level, refereeing a cup final – what are our goals?

SH presented an example of the goals set by Howard Webb and his upgraded goals. We should always be looking at upgrading our goals should we want to be the very best we can be. Discuss and agree goals with your mentor.

**Excuses**

Excuses for failure were discussed with members:

Need more practice?

I didn’t work hard enough

I can’t do it

It was too hard

It was\*\*\*\* fault for not achieving my goal

**Please remember**

Be ambitious

Be dedicated

Have self-belief

Advice is work hard and you will achieve your goals:

**Off side clips**

Clips were presented for the members to decide if the players were on/off side.

Meeting closed 20:50